

Creighton Model Education Foundation, Inc
working with
FertilityCare™ Instructor Program of Northeast Indiana

EPI

Monday, May 4 thru Monday, May 11, 2026
Check in for EPI is May 3, 2026

EPII

Saturday, January 4 thru Saturday, May 9, 2027
Check in for EPII is January 3, 2027



St. Felix Friary
1280 Hitzfield St.
Huntington IN 46750

Contact: Theresa Schortgen, MSN, RN, CFCE, CFCP
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Email: theresa@tcmef.org

Applicant Eligibility

Those eligible for the
Creighton Model
FertilityCare™ Instructor
Program are

- Registered nurses with current licenses
- Allied Health Professionals with BA or BS degree
- Health or Basic Sciences Behavioral Sciences Education
- Other state recognized licensures or Associate Degree Diploma or such as:
 - Licensed Practical Nurse, MA, CNA, etc.
 - Human Services Practitioner
 - Equivalent of two years college study other non-health fields are also individually recognized.

Further eligibility criteria, that the single applicant observe and monitor their fertility using the **CREIGHTON MODEL FertilityCare™ System (CrMS)**, be celibate, thus are a philosophical acceptor of the Creighton Model FertilityCare System. For those in menopause, eligibility is to uphold being a philosophical acceptor and all the principles of the CrMS.

Visit: tcmef.org/practitioner-program



EducationPhaseI(EPI)Saturday,April30toSaturday,May7,2022

An eight-day total emersion educational experience prepares the Fertility *Care*[™] Instructor Intern (FCII) to teach the CREIGHTON MODEL Fertility *Care*[™] System. The curriculum consists of history of natural methods of birth regulation, anatomy and physiology, the hormones of the menstrual cycle, breastfeeding, menopause, psychodynamics of contraception and the CREIGHTON MODEL Fertility *Care*[™] System, human sexuality, the beginnings of human life and the effectiveness of natural and artificial methods of family planning. The clinical group sessions train the FCII to teach the Fertility *Care*[™] System according to a standardized curriculum and include basic chart reading and correcting, how to conduct the standardized Introductory Session and Follow-Up sessions, documentation, and the Supervised Practicum I (SPI) Responsibilities. An assessment at the end of EPI assures the competency of the student to begin teaching clients during their internship.

Supervised Practicum I (SPI)

This Practicum begins with the successful completion of EPI and ends with Education Phase II. During this Supervised Practicum the FCII returns to their home and begins teaching the Fertility *Care*[™] System. Every FCII will be assigned a Faculty Supervisor who they will work closely with during their Practicum. The Supervisor provides the support and direction that a FCII requires. Each FCII may need order the Intro Session and client materials. The cost for 9 clients is approximately \$240 and is worked out with the FCC that agreed to accept you in their FCC. Each FCII will teach a minimum of 9 client couples during SPI. There are written and recorded assignments, and monthly telephone calls with the Supervisor.

A practical time schedule for which you can anticipate includes:

- studying
- presenting Introductory Sessions
- conducting follow-ups
- preparing and completing office work
- developing program and outreach
- completing assignments

You can expect that you will be involved for a minimum of ten and a maximum of twenty hours per week during the Supervised Practicum. However, you will be closer to the minimum amount of time if you come from an established Fertility *Care*[™] Center (FCC) where client development will not be so difficult. However, you should anticipate the use of the maximum amount of time if you need to assist in program development and outreach.

In order to conduct the Introductory Sessions, you will need the following:

- LCD projector, laptop and screen
- room large enough to hold three to six couples
- Client materials are available only for those couples who decide to make an appointment for Follow-Up and learn the CREIGHTON MODEL Fertility *Care*[™] System

The individualized Follow-Up sessions can be held in a smaller room with a desk or table and a two to three chairs; no slide projector is necessary for Follow-Up

National Standardized Final Exam

When all the requirements are complete the FCII will be given approval to take a national standardized Final exam. This exam is proctored in the student's home location and is offered four times a year.

Visit: tcmeff.org/practitioner-program



Cost

Application Fee \$45.00

- due before scheduled interview

Instructor Tuition and Books \$2650.00

- due before EPI

Extra Costs

- \$240 in client materials (worked out with the FertilityCare Practitioner that agrees to let a FertilityCare Instructor work in their FertilityCare Center).

Room at St. Felix - no cost to FCIs

Rooms are single – shared shower facilities. Bring a towel.

Kitchen facilities include refrigerator, oven, and coffee pot.

Visit: sfcatholiccenter.com

FCIs can bring a crockpot etc. and can share food costs or eat at local restaurants. Multiple grocery stores within a couple of miles.

Information & Application Materials

Theresa Schortgen, MSN, RN, CFCE, CFCP, Program Director

Email: theresa@tcmeff.org

Mobile & WhatsApp: (260) 494-6444

Payment Policy

Make Checks to:

ATTN: The Creighton Model Education Foundation, Inc

Theresa Schortgen, CFCE

146 N. Rufus St. New Haven, IN 46774

\$45.00 application fee (due at time of interview)

\$450/00* (\$100 is nonrefundable) due before books/materials sent to FCII. *\$350.00 refundable if books returned are unopened and undamaged upon cancellation before EPI - minus shipping fees.

The remaining tuition ~ \$2100.00

~ due before or at EPI

***Deadline for interview is April 1, 2024. In this way, you receive your textbooks in time to begin your studies before EPI.

After April 1st, you may or may not receive your textbooks before EPI.

The program is a 6-month course of study incorporating one classroom instruction phases and one supervised teaching experience.

The Creighton Model FertilityCare™ System and NaProTECHNOLOGY have been developed through research and education efforts coordinated and directed by Thomas W. Hilgers, MD, in Omaha, Nebraska USA.

This program has been approved for accreditation by the American Academy of FertilityCare™ Professionals (AAFPCP).

It adheres to the AAFPCP Code of Ethics and provides students the educational background to become eligible for AAFPCP certification.

Faculty

Dr. Jillian Stalling

Theresa Schortgen



Your 6-months in the Fertility *Care*[™] Practitioner/Instructor Program of NEI as a Fertility *Care*[™] Instructor will be a unique experience. This information will assist you in your learning experience and will also facilitate your completion of this course. **Your preparation begins at the time of your acceptance into the program.**

COURSE CURRICULUM

The six-month CREIGHTON MODEL Fertility *Care*[™] PRACTITIONER/INSTRUCTOR program was developed according to basic education principles utilized in allied health courses. The program consists of:

- **Education Phase I**
- **Supervised Practicum I**
- **National Standardized Final Exam**

EDUCATION PHASE I

This eight-day total immersion educational experience prepares the Fertility *Care*[™] Practitioner/Instructor Intern to teach the CREIGHTON MODEL Fertility *Care*[™] System. This Education Phase is divided into two parts.

Part I consists of history of natural methods of birth regulation, anatomy and physiology, the hormones of the menstrual cycle, breastfeeding, menopause, psychodynamics of contraception and the CREIGHTON MODEL Fertility *Care*[™] System, human sexuality, the beginnings of human life and the effectiveness of natural and artificial methods of family planning. There is an assessment at the end of Part I.

Part II consists of training the Intern to teach the Fertility *Care*[™] System according to the standardized curriculum and includes Basic Chart Reading and Correcting, how to conduct the standardized Introductory Session and Follow-Up sessions, documentation, and the Supervised Practicum I Responsibilities. There is an assessment at the end of this Education Phase.

SUPERVISED PRACTICUM I

This Practicum begins with the successful completion of Education Phase I and ends with Education Phase II. During this Practicum the Intern returns to their home area and begins teaching the Fertility *Care*[™] System. Every Practitioner/Instructor Intern will be assigned a Faculty Supervisor who they will work closely with during their Practicum. Your faculty supervisor will be a Certified Fertility *Care*[™] Educator who is a Certified Fertility *Care*[™] Practitioner who has at least two additional years of teaching experience and has completed a Fertility *Care*[™] Educator Program. The Supervisor provides the supervision that a Practitioner/Instructor Intern requires. All books, charts, slides, and teaching materials needed to teach will be provided. Each Intern will teach a minimum of 9 client couples during this Practicum. There are also other written and recorded assignments, and scheduled telephone calls with their Supervisor.

NATIONAL STANDARDIZED FINAL EXAM

When all the requirements are complete the Intern will be given approval to take a national Standardized Final Exam. This is proctored in their home location and is offered four times a year.



The Creighton Model Fertility **Care**™ Practitioner/Instructor Certificate (**NOT** the same as the American Academy of Fertility **Care**™ Professionals (AAFCP) Certification **NOR** FertilityCare Centers of America – all organizations will be explained at EPI).

When all assignments, responsibilities, and final exam are completed the Practitioner/Instructor Intern is awarded a **Certificate** from Fertility **Care**™ Practitioner/Instructor Program of NEI.

Understanding the Fertility **Care**™ Practitioner/Instructor Certification process.

Because the Fertility **Care**™ Practitioner/**Instructor** Program is accredited by the AAFCP, graduates can apply for Certification to the AAFCP after completing the program. Information on this process will be covered during the Education Phases.

ADVANCE PREPARATIONS

During EPI, you will learn to present the Introductory Session, which is a one-hour slide presentation. Since new clients register to participate in your program at that time, we suggest that you schedule your first Introductory Session for an evening time slot two weeks following the end of EPI. In addition, you should schedule three more Introductory Sessions at one-month intervals following your first presentation. You may schedule as many additional Introductory Sessions as you wish to fulfill your client requirements. It is strongly recommended that scheduling and advance publicity for Introductory Sessions be developed prior to the EP. Advance preparation will allow your Supervised Practicum to run much more smoothly, better assuring your ability to obtain the required minimum of 9 new clients.

In addition to the Introductory Sessions, individualized follow-up teaching sessions are conducted with each couple at 2, 4, 6, 8 and 12 weeks and also at 6, 9, and 12 months after the initial Introductory Session. You can anticipate that each follow-up will last an average of one to one and a half hours and that time for preparation and concluding paperwork for a Follow-Up may involve up to an additional hour.

COURSE TIME, FACILITY AND EQUIPMENT NEEDS

You can anticipate a schedule that includes the time required for your studying, Introductory Sessions, Follow-Ups, preparation and concluding time, office work, program development and outreach, and the assignments that will be provided. You can expect that you will be involved for a minimum of 8 and a maximum of 20 hours per week during this Supervised Practicum. You will be closer to the minimum amount of time if you come from an established program where client development will not be so difficult. You anticipate the use of the maximum amount of time if you need to do your own program development and outreach.

In order to conduct the Introductory Sessions, you will need a slide projector, or a computer and LCD projector, and screen. Private Introductory Sessions can also be scheduled with just one couple. If you plan to do group Introductory Sessions, you will need a room large enough to hold three to six couples and printed materials which will be authorized to order after you have completed requirements to begin your first Supervised Practicum. The Follow-Up Sessions are private, confidential and can be held in a smaller room with privacy, a desk or table, and a few chairs. No AV equipment is necessary for Follow-Up sessions however access to a copy machine or scanner at that time would be helpful. You will be provided all materials that you will need for these sessions. In addition, you will want to consider arrangements for client access to you by phone and give some thought to what phone number you will be giving to your clients.

Your Faculty Supervisor is there to assist you throughout this Internship, not only with the assignments and the theoretical knowledge, but also to provide support and information based on the Intern's experience.

This program is designed to develop your professional skills and ability to deliver the highest quality Fertility **Care**™ services possible. You will find the educational experience an outstanding one, and if you give attention to these preliminary items of preparation, you will find that the year will run very smoothly for you.

