



AAfcp
American Academy of Fertility Care Professionals

REGISTRATION BROCHURE

36TH ANNUAL MEETING OF THE AMERICAN ACADEMY OF FERTILITY CARE PROFESSIONALS

JULY
19-22
2017

EXPANDING THE BORDERS OF
HEALTH & FERTILITY THROUGH
THE CREIGHTON MODEL
FERTILITYCARE SYSTEM
& NAPROTECHNOLOGY

Courtyard and TownePlace Suites
by Marriott - Grapevine, Texas

PURPOSE

The purpose of this education program is to enhance the knowledge of FertilityCare Practitioners, nurses, physicians, other healthcare professionals, and clergy by addressing topics relevant to the CREIGHTON MODEL FertilityCare System, NaProTECHNOLOGY, natural methods of fertility regulation, and allied fields. The program updates participants on current activities, research, and trends and focuses on future goals of FertilityCare Professionals.

AAFP CME - Application for CME credit has been filed with the American Academy of Family Physicians. (AMA/AAFP Equivalency: AAFP prescribed credit is accepted by the American Medical Association as equivalent to AMA PRA Category 1 credit(s).)

This activity has been submitted to ANA Massachusetts for approval to award contact hours. ANA Massachusetts is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Please contact aafcpadmasst@gmail.com for more information regarding contact hours.

SPONSORSHIP

All Academy members in good standing have the opportunity to obtain sponsorship to offset the cost of their meeting expenses. Visit www.aafcp.net for more information and deadline information.

HOW TO REGISTER

Visit www.aafcp.net to register and pay online.

To register by mail, send check and Registration Form to:

AAFCP
c/o Michele Chambers
8315 South Cherrywood Drive
Lincoln, NE 68510

REGISTRATION DEADLINE IS JULY 1, 2017

Reduced registration fees are applicable to Academy members in good standing and to those whose membership application is postmarked by April 1, 2017. Membership applications are available online. Contact aafcpadmasst@gmail.com for more information.

CANCELLATION/REFUND POLICY

Cancellations made beyond 60 days will receive a full refund less a \$50 administration and credit card fees if applicable. Cancellations 30 days to 60 days prior to the conference receive a 50% refund. No refunds for cancellations within 30 days of the conference.

RECORDINGS

A complete set of recordings which includes most sessions will be available for purchase. You are encouraged to pre-order with your registration or you may order on site. CDs will be shipped within two weeks after the meeting.

LOCATION & ACCOMMODATIONS

Accommodation for the AAFCP 36th Annual Meeting will be at the Courtyard and TownePlace Suites by Marriott in Grapevine, Texas. Standard room with one king or two queen beds is \$135 whether in the Courtyard or TownePlace Suites. In TownePlace Suites there are kitchenettes in all the rooms for the same price of \$135 or if you wish to upgrade for an additional charge there are two bedroom suites available. All rooms include free breakfast. Consult the hotel directly for their cancellation policy. Please reference "FertilityCare Professionals" for block rates guaranteed until the block is filled, no later than June 26, 2017.

AIRPORT TRANSFER TO COURTYARD AND TOWNEPLACE SUITES BY MARRIOTT

Free airport shuttle from the Dallas/Fort Worth International Airport is provided by the hotel. Call 817.421.6121 or 817.251.9095 after you have picked up your luggage at the airport. There is no shuttle available from Dallas Love Field Airport.

AGENDA

Goals and Objectives are listed under each presentation.

WEDNESDAY, JULY 19, 2017

9-5 p.m. IIRRM ANNUAL MEETING
Meeting of the International Institute for Restorative Reproductive Medicine
See www.restorative-reproductive-medicine.com for details and separate registration.

5-6:30 p.m. REGISTRATION

7-7:30 p.m. WELCOME REMARKS AND PROGRAM OVERVIEW
Peter Danis, MD, CFCMC
President, American Academy of FertilityCare Professionals

7:30-8:30 p.m. KEYNOTE ADDRESS
Bishop Michael Olson, STD, MA

- Review fundamental principles in medical and moral decision-making
- Discuss practical application of moral principles to medical cases

9-11 p.m. OPENING RECEPTION

THURSDAY, JULY 20, 2017

7-7:30 a.m. MASS

7:30-8:30 a.m. BREAKFAST ON YOUR OWN

8:00-8:30 a.m. REGISTRATION

8:30-9:30 a.m. REVIEW OF FERTILITY TRACKING APPS
Marguerite Duane, MD and Alison Contreras, PhD

- Identify apps used to avoid pregnancy
- Discuss the development of the rating system to comprehensively evaluate the apps based on specific criteria
- Evaluate how well the apps apply evidence-based parameters to allow couples to accurately determine their window of fertility

9:30-10:30 a.m. BLINDERS
Thomas Hilgers, MD, CFCMC, CFCE

- Review the medical data on the healthcare of women, children, and families over the last 65 years
- Reveal the sociological data that has impacted women, children, and families over the last 65 years
- Discuss why physicians and couples are having difficulty taking seriously these changes

10:30-10:45 a.m. BREAK

10:45-11:45 a.m. THYROID DYSFUNCTION: A REVIEW AND THREE TREATMENT APPROACHES
Christine Hemphill, MD, CFCMC, FCI

- Review basic thyroid anatomy and physiology
- Discuss a thyroid dysfunction evaluation, including thyroid autoimmune disease
- Explain three different approaches to thyroid dysfunction treatment

11:45-1:45 p.m. LUNCH ON YOUR OWN
Committee Chair Luncheon (invitation only)

1:45-2:45 p.m. MARKETING NAPRO VIA SOCIAL MEDIA
Brian Whittaker

- Discuss the basic requirements of an online presence for a FertilityCare practice
- Explore how to generate awareness using social media and the internet
- Outline how educational webinars can generate new clients

2:45-3:45 p.m. SETTING UP A NON-HOSPITAL-BASED NAPRO CLINIC/CENTER
Karen Hemingway, CFCS & Caitlin Mills, FCP

- Outline steps involved in setting up a non-hospital-based FertilityCare Center
- Discuss the pros and cons of charitable/not-for-profit status versus for-profit status
- Discuss the role and responsibility of the Board of Directors and outline different types of board governance
- Identify areas of difficulty in establishing a FertilityCare Center
- Provide resources and encouragement for FertilityCare professionals interested in establishing a FertilityCare Center

3:45-4 p.m. BREAK

4-5 p.m. BUSINESS MEETING

5-5:30 p.m. MEET THE CANDIDATES

5:30-8 p.m. DINNER ON YOUR OWN

8:30-9:30 p.m. FCCA RECEPTION (by invitation)

9 p.m.-12 a.m. HOSPITALITY SUITE OPEN

AGENDA

Goals and Objectives are listed under each presentation.

FRIDAY, JULY 21, 2017

7-7:30 a.m. MASS

7:30-8:30 a.m. BREAKFAST ON YOUR OWN

8:30-9:30 a.m. SCIENCE AND RESEARCH FORUM

Robert Chasuk, MD, CFCMC

- Discuss current research in the area of natural fertility regulation
- Analyze current research in the light of the ethics, standards, and principles of NaProTECHNOLOGY

9:30-10:30 a.m. LIGHT AT THE END OF THE TRANSGENDER TUNNEL: MAKING HEALTHCARE RIGHTS OF CONSCIENCE GREAT AGAIN

Sr. Renee Mirkes, OSF, PhD

- Define transgenderism and the different views of appropriate treatment for gender dysphoria
- Explore the 2016 HHS Gender Identity Mandate Regulations for healthcare that were based on government interpretation of prohibition of sex discrimination in healthcare stipulated in the ACA Section 1557
- Discuss the healthcare rights of conscience protections that should prevail during the new presidential administration

10:30-10:45 a.m. BREAK

10:45-11:45 a.m. BREAKOUT SESSION:

A. Medical Consultant Q & A

Thomas W. Hilgers, MD, CFCMC, CFCE

- Provide an opportunity for physicians and other medical professional to discuss specific issues involving the Creighton Model FertilityCare System and NaProTECHNOLOGY
- Educate medical staff on various applications and treatments using NaProTECHNOLOGY

B. Chart Management for Difficult Situations

Mandy Cox, BA, CFCE

- Review criteria of CrM chart management and scientific foundations
- Discuss advanced case management issues including yellow stamp use

11:45-1:30 p.m. LUNCH ON YOUR OWN

11:45-1:30 p.m. EDUCATION PROGRAM DIRECTORS

LUNCHEON (by invitation)

- Present new Creighton Model Core Curriculum
- Discuss the implementation of the new Core Curriculum in individual Education programs

1:30-2:30 p.m. RECURRENT MISCARRIAGE AND TREATMENT WITH NAPROTECHNOLOGY
Jeremy Kalamarides, DO, CFCMC, FCP, FACOG

- Define recurrent miscarriage and review current causes of recurrent pregnancy loss
- Discuss NaProTECHNOLOGY's fundamentally different approach with focus on the individual woman's CrM FertilityCare System charting
- Describe the workup for recurrent pregnancy loss with NaProTECHNOLOGY
- Review cases of recurrent miscarriage and their treatment with NaProTECHNOLOGY

2:30-3:30 p.m. ADRENAL DYSFUNCTION: AN OPEN-MINDED REVIEW
Christine Hemphill, MD, CFCMC, FCI

- Review basic adrenal anatomy, physiology, and accepted disease processes
- Explain the controversial diagnosis of adrenal fatigue and its staging
- Discuss several treatment approaches to adrenal fatigue

3:30-3:45 p.m. BREAK

3:45-5 p.m. BUSINESS MEETING
(Includes panel discussion of recent survey and "open mic" for questions from membership)

5 p.m. DINNER ON YOUR OWN

5-11 p.m. BILLY BOB'S TEXAS EXCURSION
(Requires pre-paid ticket)

9 p.m.-12 a.m. HOSPITALITY SUITE OPEN

SATURDAY, JULY 22, 2017

7 a.m. BREAKFAST ON YOUR OWN

8:30-9:30 a.m. HORMONAL DYSFUNCTION AND MENTAL DISORDERS: CORRELATION AND CASE EXAMPLES
Stephen Hilgers, MD, JD, CFCMC

- Review specific mental/medical disorders affecting women
- Analyze correlations between mood disorders and true hormonal dysfunction
- Evaluate and discuss several case examples and potential treatment options

AGENDA

Goals and Objectives are listed under each presentation.

SATURDAY, JULY 22, 2017 *continued...*

9:30-10:30 a.m. THE INTEGRATION OF THEOLOGY OF THE BODY AND FERTILITYCARE

Monica Ashour, MTS, M Hum

- Explain the “total vision of man” as Pope Paul VI referenced in *Humanae Vitae*
- Discuss the direct link between the TOB and *Humanae Vitae*, as well as St. John Paul II’s solutions
- Demonstrate how Creighton Model FertilityCare and NaProTECHNOLOGY are compatible with God’s design and good for the human person

10:30-10:45 a.m. BREAK

10:45-11:45 a.m. CREIGHTON MODEL Q & A

Thomas W. Hilgers, MD, CFCMC, CFCE

- Increase knowledge of the application of Creighton Model FertilityCare System and NaProTECHNOLOGY
- Explore the practical uses of Creighton Model in various case related areas

11:45 a.m.-1 p.m. LUNCHEON TOGETHER WE ARE HEALTHY: A RELATIONAL PARADIGM FOR INTERNATIONAL HEALTH CARE DEVELOPMENT

George Mulcaire-Jones, MD

- Discuss the deficiencies of the prevailing paradigm of international development
- Identify the gaps that exist between the need for couple-centered development inclusive of NFP and what actually exists on the ground in resource limited settings
- Explain the “Couple Bead Method of Natural Family Planning” which is a simplified method of NFP using color beads to track a woman’s fertility cycle
- Assess how international health care priorities can be redirected toward a development paradigm that respects the life and dignity of all persons, born and unborn, and emphasizes the integrity of marriage and family to the well-being of society

1-2 p.m.

MALE INFERTILITY: A DIFFERENT SIDE TO THE SAME COIN

Peter Danis, MD, CFCMC

- Review the terminology that is used in defining male infertility
- Review the incidence and etiology
- Discuss the evidence behind current recommended medical and surgical treatments of male infertility from a NaPro perspective

2-3 p.m.

GENERAL UPDATES IN CRM FERTILITYCARE CHART MANAGEMENT

Sue Hilgers, BA, CFCE

Ann Prebil, BSN, RN, CFCE

K. Diane Daly, RN, CFCE

- Update procedures for basic and advanced Creighton Model chart management
- Present protocols for recording bleeding descriptions on the Creighton Model chart

3-3:15 p.m.

BREAK

3:15-4:15 p.m.

A TIME TO NETWORK: TRANSLATING KNOWLEDGE AND EXPERIENCE INTO A BETTER PRACTICE

Facilitator: Peter Danis, MD, CFCMC

Choose one of the four breakouts:

- 1) Review successes and challenges of teaching the Creighton Model FertilityCare System and applying NaProTECHNOLOGY in the Third World
- 2) Review and discuss practical ways to implement NaProTECHNOLOGY diagnostic and treatment protocols for common gynecologic and reproductive problems
- 3) Share ethical challenges and approaches to different patient and professional situations
- 4) Brainstorm on new approaches and tools to improve professional image, marketing, and practice management for FertilityCare Professionals

5-6 p.m.

CLOSING MASS

7-9 p.m.

CLOSING BANQUET & PRESENTATION OF AWARDS

9 p.m.-12 a.m.

HOSPITALITY SUITE OPEN

MONICA ASHOUR, MTS, M HUM is an author, national speaker, and President of The Theology of the Body Evangelization Team, Inc. known as TOBET. Having earned two masters degrees from the University of Dallas and been an educator for over 20 years, she has become an expert in understanding and articulating Pope John Paul's Theology of the Body (TOB).

ROBERT M. CHASUK, MD, CFCMC is the Associate Director for both Graduate Medical Education and the Family Medicine Residency Program at the Baton Rouge General Medical Center, as well as Clinical Associate Professor, Tulane University School of Medicine. He is a Certified FertilityCare Medical Consultant through the AAFCP and serves as medical faculty for FertilityCare Practitioner education programs.

ALISON CONTRERAS, PHD, FCP serves as the Director of Programs and Apps Project Manager for the FACTS (Fertility Appreciation Collaborative to Teach the Science) collaborative. Alison has taught a sympto-thermal FABM since 2009 and the CrMS since 2014. As an FABM teacher in two systems, Alison understands the importance of clients receiving factual information from their physicians in order to make and support their healthcare decisions. She received a BS in Civil Engineering in 2006 and a PhD in Environmental Engineering in 2011 from Rice University. She has authored 9 peer-reviewed and conference papers. She has taught FABMs in three major metropolitan areas: Houston, Los Angeles, and the District of Columbia.

MANDY COX, BA, CFCE has been working in the FertilityCare System for over 15 years, both as a Practitioner and an Educator. She spent most of her professional career providing FertilityCare Services in North Texas. She is the Program Director of St. Gerard FertilityCare Services and has served as a faculty member on a number of Education Programs. She has served as a Case Reviewer on the Commission on Certification and as Vice-Chairperson. She is also a founding member of WholeLife Authentic Care, a non-profit dedicated to bring NaPro to North Texas.

K. DIANE DALY, RN, CFCE is a wife, mother, grandmother, Co-Developer of the Creighton Model FertilityCare System, Co-Founder of the Department of FertilityCare Services, Mercy Hospital St. Louis, Director of the Archdiocese of St. Louis Office of NFP, and Senior faculty member of the Pope Paul VI Institute Education Program. She has served as Faculty for independent education programs, the first President of the AAFCP, and Vice President of FertilityCare Centers International and FertilityCare Centers of America.

PETER DANIS, MD, CFCMC has shared his love and knowledge of NaProTECHNOLOGY with students, health professionals, and patients for over 20 years. He was Chairman of Science & Research Committee from 2000-2005. He received the Medical Consultant of the Year award from the AAFCP in 2007. He joined the Board of the AAFCP in 2013. He supports ongoing research in NaProTECHNOLOGY, including work of the IIRRM, the iNEST study, and the Pope Paul VI Institute. He

has volunteered in medical mission work in Mexico and Central America since 1998 and is interested in supporting efforts that bring the good news of natural family planning to the Third World. He is a Faculty Member of Mercy Family Medicine Residency, Clinical Professor at St. Louis University School of Medicine, and President of the AAFCP.

MARGUERITE DUANE, MD, MHA, FAAFP is a board-certified family physician and co-founder and Executive Director of FACTS – the Fertility Appreciation Collaborative to Teach the Science – a project of the Family Medicine Education Consortium (FMEC). Dr. Duane also serves as an Adjunct Associate Professor at Georgetown University, where she directs an introductory course on natural methods of family planning and is a practicing physician with Modern Mobile Medicine, a direct primary care house-calls based practice. Dr. Duane has previously served on the boards of both the American Academy of Family Physicians (AAFP) and the FMEC. Dr. Duane received her MD degree with recognition in primary care from the State University of New York at Stony Brook and completed her Family Medicine residency at Lancaster General Hospital in Lancaster, PA. She received a Bachelor of Science with Honors degree and a Master of Health Administration degree from Cornell University. Dr. Duane is also trained as a Creighton Medical Consultant and a TeenSTAR educator. Dr. Duane balances her career as a teacher and Family Physician with her role as a wife and mother.

CHRISTINE CIMO-HEMPHILL, MD, CFCMC, FCI is a wife and mother of four. She completed the St. John Paul the Great Fellowship in Medical & Surgical NaProTECHNOLOGY after completing her residency in OB/GYN at East Carolina University in Greenville, NC. She earned her medical degree at the Medical University of South Carolina and her undergraduate degree at the University of South Carolina. She has an additional interest in the medical approaches of Functional Medicine and loves being in the operating room and teaching.

STEPHEN HILGERS, MD, JD, CFCMC is a member of the Department of OB/GYN at the Houston Methodist Hospital. He received a BS in Economics from Baylor University in Waco, TX, earned his law degree from the SMU Dedman School of Law in Dallas, and is a member of the State Bar of Texas. He received his medical degree from the University of Texas Medical School at Houston and completed residency in OB/GYN at the Houston Methodist Hospital, where he was named the Resident of the Year. He completed his fellowship training in Omaha, NE in medical and surgical NaProTECHNOLOGY. He is a member of the AAFCP, American Association of Gynecologic Laparoscopists, and the Health Law Section of the State Bar of Texas. He is a Diplomate of the American Board of Obstetrics and Gynecology.

SUSAN HILGERS, BA, CFCP, CFCE is a wife, mother, grandmother, Co-Developer of the Creighton Model FertilityCare System, Senior faculty member of the Pope Paul VI Institute Education Program, Pope Paul VI Institute Vice President, and Secretary of FertilityCare Centers International and FertilityCare Centers of America.

THOMAS W. HILGERS, MD, DIP. ABOG, ABLs, SRS, CFCMC, CFCE is an OB/GYN specializing in Reproductive Medicine and Surgery and Founder/Director of the Pope Paul VI Institute for the Study of Human Reproduction in Omaha, NE. He is a member of the Pontifical Academy for Life, Co-Developer of the Creighton Model FertilityCare System, and Developer of NaProTECHNOLOGY. He is the author of the textbook, *The Medical and Surgical Practice of NaProTECHNOLOGY*. He is President of FertilityCare Centers International.

JEREMY KALAMARIDES, DO, CFCMC, FCP, FACOG is the Medical Director of the Vitae Clinic and St. John Paul II Life Center in Austin, Texas. He graduated from Lake Erie College of Osteopathic Medicine in 2005 and completed an osteopathic internship and residency in obstetrics and gynecology at Sisters of Charity Hospital in Buffalo, NY in 2010. Prior to medical school he worked at the Pope Paul VI Institute where he helped his mentor, Dr. Hilgers, complete research for the definitive text *The Medical and Surgical Practice of NaProTECHNOLOGY*. His major interests are minimally invasive surgical treatment of endometriosis and PCOS, prevention of miscarriage, treatment of PMS and PCOS, and holistic care and delivery of pregnant women.

CAITLIN MILLS, FCP graduated from Arizona State University in 2010 with a double major in international business and marketing. After three years of managing her own marketing business, she completed the Creighton Model Education Program in 2015 and now sees clients at Morning Star OB/GYN in Gilbert, AZ. She and her husband, Luke, have three beautiful children.

SISTER RENÉE MIRKES, OSF, PHD is a member of the Franciscan Sisters of Christian Charity, Manitowoc, WI. She serves as director of the Center for NaProEthics, the ethics division of the Pope Paul VI Institute, Omaha, NE. Sister Renée has a graduate degree in theology from the University of St. Thomas, Houston, TX and a doctorate degree in theological ethics from Marquette University, Milwaukee, WI (1995). In her current position, she deals with procreative and birth ethics through consultations, publications, and public speaking.

GEORGE MULCAIRE-JONES, MD is the Founder and President of Maternal Life International. He practices family medicine and obstetrics at St. James Hospital in Butte, MT. He is a board-certified family practitioner and has completed additional fellowship training in obstetrics. He has been a member of the Strategic Integrated Leadership Team at St. James Healthcare and leads its Maternal and Newborn Council. Dr. Mulcaire-Jones has been providing training and program development in Africa and Haiti for the past twenty years. He and his wife have six children.

BISHOP MICHAEL OLSON, STD, MA was a recipient of the Basselin Scholarship at the Catholic University of America from which he earned his bachelor's degree and master's degree in philosophy in 1988 and 1989 respectively. Bishop Olson also has degrees (MDiv and MA) in theological studies from the University of St. Thomas in Houston. He was a charter recipient of the CRS Global Fellowship in 1993 through which he traveled to Egypt and Burkina Faso to learn about global development in social justice. He is also a past recipient of the Presidential Fellowship of Saint Louis University where he studied at the Center for Health Care Ethics in the Catholic Tradition between 1997 and 2001. He has served as a community representative on the Ethics Committee for Research Involving Human Subjects at the University of Texas Medical Center in Houston. In March of 2011 he successfully earned his doctorate in moral theology at the Academia Alfonsiana in Rome.

ANN PREBIL, RN, BSN, CFCE is a wife, mother, grandmother, Co-Developer of the Creighton Model FertilityCare System, and Senior faculty member of the Pope Paul VI Institute Education Program. She is currently the Chair of the Commission on Accreditation for the AAFCP. She is the Supervisor for the Department of FertilityCare Services at St. John's Mercy Medical Center, St. Louis, MO. She is Vice President of FertilityCare Centers International and FertilityCare Centers of America.

BRIAN WHITTAKER believes every FertilityCare professional can access an abundance of clients without becoming a marketing expert. He became involved with FertilityCare in 2009 as a Creighton Model System user after becoming open to life in his marriage while his wife, Dr. Naomi Whittaker (a 2017-18 NaProTECHNOLOGY Fellow), attended medical school. They now have three children. He has worked with EWTN, Catholic News Agency, Dan Burke of the National Catholic Register, Gianna Jessen, Relevant Radio, CatholicTV, and StoryTel Foundation to spread awareness of faithful Catholic and pro-life medicine. He is President of SPICE Rabbit, the only independent marketing agency dedicated to generating new business for FertilityCare professionals.

The CREIGHTON MODEL FertilityCare System and the new women's health science of NaProTECHNOLOGY have been developed through a research and education effort coordinated and directed by Thomas W. Hilgers, MD, Director of the Pope Paul VI Institute for the Study of Human Reproduction. Faculty members do not financially benefit.