

FERTILITYCARE SERVICES OF THE DIOCESE OF CHARLESTON PRACTITIONER EDUCATION PROGRAM OVERVIEW

PROGRAM PURPOSE

The FertilityCare Practitioner Education Program is a 13-month program that prepares students to:

- Teach women and couples how to navigate their fertility over their reproductive years
- Provide comprehensive, professional and individualized family planning services
- Teach the CREIGHTON MODEL FertilityCare™ System to women and couples from any reproductive category.

COURSE STRUCTURE

The course is presented in two education phases (EPI and EPII) and two supervised practicum (SPI and SPII). Students also complete an on-site visit with their supervisor and a final exam.

EDUCATION PHASE I A & B (EPIA & EPIB) February 1 - 4, 2019 & February 15 - 18, 2019 Greenville, SC (St. Francis - eastside Hospital)

EPI is split into two, four-day weekend phases (EPIA and EPIB). It is highly suggested that the Practitioner Intern stay in Greenville for the entirety of the EP each weekend rather than traveling home. This will allow ample study time and a true focus on the material presented.

For EPIA, Practitioner Interns will need to arrive by the evening of Thursday, January 31 and can depart late on Monday, February 4. If traveling by air, reservations will need to be made for February 5.

For EPIB, Practitioner Interns will need to arrive by the evening of Thursday, February 14 and can depart late on Monday, February 18. If traveling by air, reservations will need to be made for Tuesday, February 19.

EPI focuses on basic teaching skills of the Creighton Model FertilityCare System, to include:

- History of Natural Family Planning
- Anatomy of the Male and Female Reproductive System
- Menstrual Cycle: Statistical Parameters
- Ovulation and Hormones of the Menstrual Cycle
- Physiology of Breast Feeding and Menopause
- Natural Methods of Family Planning
- Human Sexuality
- Physiology of the Cervix
- Physical and Psychological Aspects of Induced Abortion
- The Beginnings of Human Life
- Methods of Artificial Contraception
- Psychodynamics of Contraception/Natural Family Planning Use
- Comparative Evaluation of Natural Methods to Regulate Fertility
- Use Effectiveness of Natural and Artificial Methods of Family Planning
- Teaching Fertility Appreciation and Utilization of Good Judgment
- Presentation of the FertilityCare Introductory Session
- Conducting an Introductory Session
- Quality control in the CREIGHTON MODEL FertilityCare™ System
- Conducting a Follow-Up
- The Creighton Model FertilityCare™ System
- Definitions & the Picture Dictionary
- Making Good Observations of the Biomarkers
- The Vaginal Discharge Recording System
- Married Love and the Use of Natural Methods of Family Planning

- Humanae Vitae
- Basic Principles of Follow-up
- The Organization and Flow of the First and Subsequent Follow-ups
- Techniques of Follow-up
- Basic Problem Solving
- Special Method Instructions
- Case Management Approach to Problem Solving
- Unusual Descriptions Observed in Charting
- Forms for Record Keeping and Standardized Teaching
- Investigation and Care of the Infertile Couple
- Business Aspects for FertilityCare Professionals
- Qualities of Being a Professional
- An Introduction to NAPROTECHNOLOGY

SUPERVISED PRACTICUM I (SPI)

February 19, 2019 – September 24, 2019

Upon successful completion of EPI and pre-client assignments, during the six month of SPI, Practitioner Interns can order teaching materials and teach the Creighton Model FertilityCare System to a minimum of six new clients. Practitioner Interns will work under the long-distance supervision of a faculty member to further develop basic teaching skills of the CRMS, including:

- Use of Basic Organizational Tools
- Introductory Sessions
- Follow-up Sessions
- Chart Updates
- Telephone Calls to Supervisor
- Evaluation of Case Reports
- Teaching Observations
- Basic Case Management
- Comprehensive Case Reviews
- Case Management Evaluation
- Basic Chart Reading and Chart Correcting
- Presentation of the Picture Dictionary

Education Phase II

September 25, 2018 – September 30, 2018
Greenville, SC (St. Francis - eastside Hospital)

With successful completion of SPI the FertilityCare Practitioner Intern will return for Education Phase II (EP II) where they explore Advanced Issues in FertilityCare™ System, to include:

- Basic Presentation of Cases
- Women's Health Science of NaProTechnology
- Responsibilities of SP II
- Donum Vitae
- Advanced Case Management I - the Role of CREIGHTON MODEL FertilityCare™ System (CrMS) in the Management of Infertility and Other Reproductive Disorders
- Advanced Case Management II - the Role of CrMS in Unusual Bleeding
- Advanced Case Management III - Management of Continuous Mucus Discharge
- Teaching Lab - Use of Yellow Stamps, Regular Cycles, Breastfeeding, Long Cycles & Peak-type Mucus
- Advanced Case Management VI - Principles of Pregnancy Evaluation, How to Conduct a Pregnancy Evaluation
- Professional and Academic Infrastructure of the CrMS
- Basic Communication Skills
- How to Manage the Human Resources of a Creighton Model FertilityCare Center
- Basic Ethical Principles
- Management of Advanced Behavioral Difficulties
- Biomarkers of the CrMS
- Advanced Case Management V - Difficult Cases
- Advanced Organizational Aspects
- Comprehensive Case Review

Supervised Practicum II
October 1, 2019 – February or May 2020
Practitioner Intern's home location

After successful completion of EP II, the Practitioner Intern again returns home to continue teaching a minimum of 12 additional clients and completes the requirements of Supervised Practicum II (SP II). Practitioner Interns will continue to work under the long-distance supervision of a faculty member to refine basic teaching skills and develop advanced teaching skills of the CRMS, including:

- Advanced Chart Reading and Correcting
- Advanced Case Management
- Case Management Evaluation
- Conducting Pregnancy Evaluations
- Writing Goals and Objectives
- Writing Job Descriptions
- Advanced Case Management Assignments

On-site Visit

Sometime during SP II, the practitioner intern and the faculty supervisor will schedule a two-day, on-site visit at the intern's home location. Portions of the on-site visit include:

- Comprehensive Case Review
- Introductory Session Critique and Review
- Follow-up Critique and Review
- Tour of Facilities

Final Certificate Exam
February or May 2020 (offered quarterly)

With successful completion of requirements, the Practitioner Intern will qualify to take the national standardized final exam. Upon completion of the program the student will receive a certificate as a **FertilityCare Practitioner** from the Diocese of Charleston, SC Education Program.

Application Process and Eligibility

Please contact the Program Director to apply to the Education Program. The application deadline is December 31, 2018. A \$100 late fee will be assessed for applications received after December 31, 2018. No applications will be accepted after January 15, 2019.

Prospective practitioners must meet one of the following criteria:

- Registered nurse with current license
- Allied Health professionals with a BA or BS degree in health, behavioral sciences, social sciences, or education. Other non-health fields are also individually recognized.
- Persons with associate degree/diploma such as: licensed practical nurse, human services practitioner, or the equivalent of two years of college study.

Further eligibility criteria requires that the applicant does not prescribe or refer for contraceptives, does not perform or refer for sterilization or abortion, practices (uses) the CREIGHTON MODEL FertilityCare™ System, or, if single and celibate, monitor their natural fertility and be a philosophical acceptor of the System.

Course Fees

All tuition costs are due upon acceptance into the program. The \$500 textbook fee is required to secure enrollment into the program.

Costs of the program:

- Application Fee \$25
- Tuition \$3.700 (includes 14 lunches and 11 dinners)
- Textbooks \$500

Practitioners will also incur the following expenses:

- On Site Visit expenses: food, travel and hotel room for one night for the student's Supervisor
- Client teaching supplies for 18 clients: approximately \$400 (reimbursable through collecting client fees)
- Room and board during the educational phases

Please refer to enclosed fee schedule for further details.

Program Background

As part of the Diocese of Charleston Natural Family Planning Program, the Diocese of Charleston Creighton Model FertilityCare Practitioner Education Program has provided excellence in teaching since 2007.

The Diocese of Charleston Creighton Model FertilityCare Practitioner Education Program holds accreditation from the American Academy of FertilityCare Professionals (AAFCP). It adheres to the AAFCP Code of Ethics and provides students with the educational background to become eligible for AAFCP Certification.

FertilityCare Services of the Diocese of Charleston

Practitioner Education Program



Education Phase IA:
February 1 – 4, 2019

Education Phase IB:
February 15 – 18, 2019

Education Phase II:
September 25 – 30, 2019

Program Director:
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